

From Across the Desk:
everything you might want to know about your teenager

by Ann Engelland, MD, adolescent medicine physician and mother

In this handy three ring binder, Dr Engelland has compiled over twenty articles that address the burning issues of adolescents and their families. *From eating disorders to sex and the prom, these short, witty, practical essays cover the basics.*

Ideal for pediatricians, guidance counselors, mental health professionals, and parents, these binders will be a **fresh, welcome perspective** on the hottest current topics.

Dr Engelland, a pediatrician trained and board certified in adolescent medicine and a mother of seven teens and young adults, shares her experience, stories and wisdom. Many of these essays were previously published to local acclaim in her community's online journal, the Larchmont Gazette.

Now you can share these insights, statistics, stories, and advice with those in your place of work, school or community.

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